

# STICKYWEEDS ' MENU

Toasted Fruit Bread	£2.10
Crumpets	£2.10
<i>Add Jam</i>	£0.30
Bacon Butty	£4.00
Glamorgan Vegetarian Sausage Butty (cheese & leek)	£4.50
Toasted Waffles, Bacon & Maple Syrup	£4.50

**SANDWICH** £5.50 or **WRAP** £6.50 or **SALAD** £7.50 or **JACKET POTATO** £7.50

Cheddar & Chutney
Feta, Houmous & Roasted Peppers
Cheddar, Houmous & Sweet Chilli Sauce
Houmous, Roasted Peppers & Sunblush Tomatoes
Tuna Mayonnaise & Red Onion
Ham, Tomato & Beetroot Chutney
Chicken & Mayonnaise
Chicken, Brie & Cranberry Sauce
Bacon, Lettuce, Tomato & Mayonnaise

**TOASTED CIABATTA** £7.50

Cheddar, Ham & Chilli Jam
Brie, Bacon & Cranberry Sauce
Mozzarella, Tuna & Red Onion
Mozzarella, Pesto & Sunblush Tomatoes
Houmous, Roasted Peppers & Sunblush Tomatoes

**CHILDREN'S LUNCHBOX**

Cheddar, Ham, or Tuna Mayonnaise Sandwich, Pack of Hula Hoops, Fruit Pot, Smoothie	£4.50
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*Alternative Sauces: Salad Cream, Apple Sauce, Caesar Dressing, Sweet Chilli Sauce  
Gluten Free options available.*

*Wherever possible our ingredients are sourced from local suppliers.*

*All our food is prepared in areas where allergens are present. If you have any concerns please speak to a member of staff.*

*At times we can get quite busy and you may experience a slight wait. Your patience is appreciated during these periods.*

