



Stickyweeds New Longton - Rufford Lo...

<https://www.strava.com/routes/7313301>

28.9mi

497ft

Road

Distance

Elevation Gain

Ride Type

Est. Moving Time: 2:00:27



Route recommendations may be incomplete and/or inaccurate and may contain sections of private land and/or sections of terrain that could be challenging or hazardous. Always use your best judgement about the safety of road and trail conditions and follow traffic and property laws. Est. Moving Time based on your avg speed of 14.4 mi/h over last 4 weeks

DIRECTION	DISTANCE (miles)
Proceed onto Chapel Lane	0.0
Right onto Station Road	0.1
Continue on Sheephill Lane	0.4
Proceed onto Sheephill Lane	0.7
Right onto Long Moss Lane	0.8
Continue	0.9
Continue on Wholesome Lane	1.4
Continue on Midge Hall Lane	1.7
Proceed onto Midge Hall Lane	2.0
Right onto Longmeanygate	2.7
Right onto Dunkirk Lane	3.2
Continue on Cocker Bar Road	3.8
Proceed onto Cocker Bar Road	4.0
Continue on North Road	4.8
Proceed onto North Road	5.2
Left onto Marl Cop	5.4
Left onto Flag Lane	5.8
Proceed onto Flag Lane	5.9

DIRECTION	DISTANCE (miles)
Proceed onto Flag Lane	6.3
Continue on Bretherton Road	6.5
Continue on Moor Road	6.8
Continue on Station Road	6.8
Proceed onto Station Road	7.0
Proceed onto Station Road	7.1
Continue on Town Road	7.2
Continue on Grape Lane	7.4
Continue	8.0
Continue on Grape Lane	8.0
Continue on Syd Brook Lane	8.2
Proceed onto Syd Brook Lane	8.4
Proceed onto Syd Brook Lane	9.1
Right onto Bluestone Lane	9.2
Right onto Hall Lane	10.0
Proceed onto Hall Lane	10.3
Continue on New Street	10.6
Right onto Smithy Lane	10.9
Continue on Black Moor Road	11.1
Proceed onto Black Moor Road	11.8
Right onto Meadow Lane	12.1
Continue on Station Road	12.8
Proceed onto Station Road	12.8
Continue on B5246	12.9
Continue on Diamond Jubilee Road	12.9
Continue on Church Road	13.0
Left onto Liverpool Road	13.1
Right onto B5246	13.2
Continue on Holmeswood Road	13.7
Continue on The Marshes Lane	15.6
Proceed onto The Marshes Lane	16.7
Continue on Mere Brow Lane	16.9
Right onto Green Lane	17.5
Proceed onto Green Lane	18.7
Left onto Liverpool Old Road	19.3
Right onto Lock Lane	19.3
Right onto Sollom Lane	19.5

DIRECTION	DISTANCE (miles)
Continue on Eyes Lane	19.6
Continue on Red Bridge	20.0
Continue on Eyes Lane	20.0
Proceed onto Eyes Lane	20.1
Proceed onto Eyes Lane	21.1
Continue	21.2
Left onto Eyes Lane	21.3
Left onto Carr House Lane	21.4
Right onto North Road	21.7
Left onto Thornfield	22.4
Proceed onto Thornfield	22.5
Left onto North Road	22.5
Left onto Doles Lane	22.8
Continue on Carr Lane	23.5
Left onto Moss House Lane	24.3
Proceed onto Moss House Lane	24.5
Right onto Smithy Lane	25.0
Continue on Liverpool Old Road	25.2
Proceed onto Liverpool Old Road	25.6
Left onto A59	25.7
Continue on Liverpool Road	25.7
Continue on Liverpool New Road	25.8
Continue on Liverpool Road	26.4
Proceed onto Liverpool Road	26.7
Right onto Chapel Lane	27.5
Proceed onto Chapel Lane	27.9
Right onto Chapel Park Road	28.1
Proceed onto Chapel Park Road	28.2
Proceed onto Chapel Park Road	28.3
Right onto Chapel Lane	28.3
Proceed onto Chapel Lane	28.4
Arrive at Finish	28.9